



# COCONUT OIL SUGAR SCRUB

## INGREDIENTS

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- 🍯 ¼ cup brown sugar
- 🍯 ¼ cup fine sugar
- 🍯 ½ cup coconut oil

## DIRECTIONS

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- 🍯 Gently warm coconut oil to just above the room temperature
- 🍯 Combine all the ingredients
- 🍯 Store in a glass jar at room temperature

## HOW TO USE

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- 🍯 Massage in circular motions for about a minute
    - 🍯 Avoid the eye area
    - 🍯 Rinse and pat dry
  - 🍯 Apply to legs and feet only while sitting or in a bath to prevent slipping
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